

FALL CLASSES 2017 Arc Locations and City College SF							
Class	Ongoing/ Semester	Drop in Y/N	Location	Start Date	Day	Time	Instructor
Mood Management	semester	N	Gallery 3- Arc	wk of 8/21	Monday	9:30-11:30am	Jim
Micro-Enterprise	semester	N	Tan Room	wk of 8/21	Monday	10-11:30am	Karen
Current Events	ongoing	Y	Skills South	wk of 8/21	Monday	10-11:30	Chris Cook
Drumming	ongoing	Y	Friends Hall-Arc	ongoing	Monday	10:30-11:30am	TRAP (Danny)
Nutrition	ongoing	N	Library	ongoing	Monday	10:30-12pm	Kim
Learning Styles	semester	N	Gallery 3	wk of 8/21	Monday	12:30-2pm	Karen
Mindfulness and Meditation	ongoing	Y	Library	ongoing	Monday	1-2pm	Melissa
Advocacy	semester	N	Computer Lab	wk of 8/21	Monday	1-2:15pm	Brett
Intermediate Literacy	semester	N	Blue Room-Arc	wk of 8/21	Monday	1-2pm	Kim
Ballroom Dancing and Social Skills	semester	N	Friends Hall	wk of 8/21	Monday	1-2pm	Chris Cook
Accessible Theater Arts CC	semester	N	Friends Hall	wk of 8/21	Monday	3pm-5:15pm	Bob Fitch
Accessible Computer Lab CC	semester	N	50 Phelan	wk of 8/21	Tuesday	9:10-2pm	D.Rodriguez
Breakfast Club	semester	N	Kitchen	wk of 8/21	Tuesday	8am-10am	Kim
Basic Reading Class	semester	N	Computer lab	wk of 8/21	Tuesday	10-11:30	Karen
No Drama	semester	Y	Tan Room	wk of 8/21	Tuesday	10-11:30am	Chris Cook
Women's Group	semester	N	Gallery 1	wk of 8/21	Tuesday	10-11am	Rena / Toni
Survivors Support Group	ongoing	Y	Blue Room-Arc	ongoing	Tuesday	10-11:30am	Kim
Karaoke	ongoing	Y	Friends Hall-Arc	ongoing	Tuesday	10-11:30am	Melissa
Photography Club	semester	Y	Community	wk of 8/21	Tuesday	12:30-2pm	Erin
Arc Allies	semester	N	Tan room	wk of 8/21	Tuesday	12:30-2pm	Chris Cook
Learning Lab	ongoing	Y	Computer Lab	wk of 8/21	Tuesday	12:30-3pm	Kim
Music	ongoing	Y	Friends Hall-Arc	ongoing	Tuesday	1-2pm	Jon D
Accessible Computer Lab CC	semester	N	50 Phelan	wk of 8/21	Wednesday	9:10am-2pm	D. Rodriguez
Accessible Theater Arts CC	semester	N	Friends Hall-Arc	wk of 8/21	Wednesday	9:30-11:45am	Maia Scott
Support Group	ongoing	Y	Blue Room- Arc	ongoing	Wednesday	10-11:30am	Toni/Chanel
Anti-bullying	semester	N	Tan Room	wk of 8/21	Wednesday	10-11:30am	Chris Cook
College Exploration	semester	N	Gallery 3	wk of 8/21	Wednesday	10-11:30am	Kim

Men's Group	semester	N	Tan Room	wk of 8/21	Wednesday	12:30-2pm	Chris Cook
Movement	ongoing	Y	Friends Hall	ongoing	Wednesday	1-2pm	Marilyn
Accessible Arts and Crafts CC	semester	N	Art Room	wk of 8/21	Wednesday	12:30-2:45pm	Maia Scott
Accessible Arts and Crafts CC	semester	N	Art Room	wk of 8/21	Thursday	9:30-11:45am	Bob Fitch
Meditation Movement	ongoing	Y	Skills South-Arc	ongoing	Thursday	10-11:00am	Jim
Healthy Relationships 1&2	semester	N	Gallery 3	wk of 8/21	Thursday	10-11:30am	Karen and Chris
Early Childhood Ed Prep	Semester	N	Blue Room- Arc	wk of 8/21	Thursday	10-11:30am	Kim
Employment 101	8 wk	N	Tan Room- Arc	wk of 8/21	Thursday	10-11:30am	Toni
Gardening Class	ongoing	N	1700 blk Quesada	ongoing	Thursday	9:15-11:30am	David
Dance	ongoing	Y	Friends Hall-Arc	ongoing	Thursday	10am-11am	Aloha
Anti-Bullying	7 wk	Y	Tan Room	wk of 6/12	Thursday	12:30-2pm	Chris Cook
Computer Basics	ongoing	Y	Library	ongoing	Thursday	1-2pm	Erin
Career Exploration	semester	N	Gallery 3	wk of 8/21	Thursday	12:30-2pm	Karen
Spit It Out / Newsletter	ongoing	Y	Blue Room	wk of 8/21	Thursday	12:30-2pm	Kim
Internet Safety	semester	N	Computer Lab	wk of 8/21	Thursday	12:30-2pm	Chris Cook
Tai Chi	ongoing	Y	Friends Hall	ongoing	Thursday	1-2pm	Jim
No Cook Cooking	semester	Y	Café Area	wk of 8/21	Friday	10:30-12pm	Karen
Aikido	ongoing	Y	Aikido Center	ongoing	Friday	9-10am	Jimmy
Knitting and Crocheting	ongoing	Y	Blue Room- Arc	ongoing	Friday	10am-12pm	Jim
Honeybun Yoga	ongoing	Y	Friends Hall-Arc	ongoing	Friday	10-11am	A Ne/Gary /Melissa
Spanish	semester	N	Gallery 3	wk of 8/21	Friday	1-2pm	Gaby and Staff
Computer Lab	ongoing	Y	Computer Lab	ongoing	Friday	1-3pm	Chris Cook
Client Advisory Committee	ongoing	Y	Gallery 1	ongoing	Friday	1pm-2pm	Brett
Art Studio	ongoing	N*	Art Room	ongoing	Mon-Fri	9:30-11:30am	Mark T.
Art Studio	ongoing	N*	Art Room	ongoing	Mon-Fri	12:30-2:30pm	Mark T.
Computer Lab	ongoing	Y	Computer Lab	ongoing wk of 8/21	Mon-Fri	9-10am	Chris Cook

*Drop-Ins OK when space is available CC=San Francisco City College class